

## About the Speaker



Arthur P. Smith, Ph.D. is one of the few who have studied at the doctorate level the power of thought to heal. With over 30 years of formal and private study, he brings scholarly and scientific discipline to a field that has thus far been dominated by pop psychology and religious writers.

Dr. Smith grew up as the son of two board-certified physicians in Northern Maine, where his father, a pathologist, established and ran a series of small hospital laboratories in rural New England towns. His mother, one of the few women to complete medical school in the 1930s, practiced pediatrics while raising her own family throughout the 1950s and '60s. However, his own interest in health care did not develop until he faced serious health problems himself. In 1992, his wife suffered a life-threatening flare of systemic lupus erythematosus, which was almost immediately followed by his own battle with cancer the next year. These hurdles underscored his long-felt need to find a coherent, scientifically-based theory of mind-body medicine.

He began his studies of the mind's power as a college philosophy major at Yale in the early 1970s. In the fall of 1989, he enrolled in a Ph.D. program at the Claremont Graduate University. His doctoral dissertation (completed in 1998) explains both the successes and failures of mind-body medicine, based on the philosophical models of some great twentieth-century thinkers, along with the large and growing body of empirical evidence.

A veteran lecturer, trainer, and published author, Dr. Smith has delivered lectures and seminars on scientific and technical subjects throughout the United States and Canada for over twenty years. Using a unique, down-to-earth approach, he demystifies complex and abstract subjects with clarity, enthusiasm, and a touch of humor.

## Participant Comments

"I have attended numerous courses... and NEVER have I been so impressed by the instructor as I am with Art. He used great analogies, was articulate, and extremely knowledgeable."

*J. T., Long Beach Memorial Hospital*

"Very relevant topic. Presentation very well done. Witty, interesting, clear, and easy to listen to."

*O. N., Sutter Memorial Hospital*

"The issues discussed were current and interesting. Art presented varying points of view. Good job."

*T. N., Kaiser Permanente, Sacramento*

"Totally relevant issues. Full class participation. Excellent."

*A. L., San Joaquin Local Health District*

"Your presentation was lively and your enthusiasm kept everyone interested. Very informative."

*A. P., Private Practice, Marysville, CA*

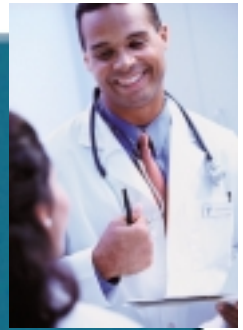


## Contact Information

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## The Medical Ethics of Caring

## How to Best Use Your Training and Background in Deciding to Do the Right Thing



Presented by  
Arthur P. Smith, Ph.D.

## **THE MEDICAL ETHICS OF CARING:**

### **How to Best Use Your Training and Background in Deciding to do the Right Thing**

**Presented by  
Arthur P. Smith, Ph.D.**

#### **Introduction**

As a 21<sup>st</sup> century health care professional, some of your most challenging questions are not medical, but philosophical. For example, how do you allocate finite resources when human life is considered infinitely valuable? Unfortunately, there is no rule book that can make these decisions for you, but the responsibility is still in your hands.

Ethics is not about formulating complex rules. It is about anticipating possible outcomes and choosing the one that is best for all concerned. By shifting the focus from rules to outcomes, ethics becomes an arena for which you are much better trained and prepared.

#### **Who Should Attend**

Physicians, nurses, social workers, psychotherapists, administrators, and anyone responsible for making ethical decisions in health care.

#### **Learning Objectives**

As a participant, you will come to understand:

- The two basic ethical systems in Western philosophy
- The relationship between morality, ethics, economics, and the law in delivering health care.
- Why most ethical systems break down in the face of health care professionals' tough decisions
- Why you would — or would not — decide to be ethical in the first place
- The difference between ethical judgments and ethical decisions, and their relative importance
- The role of feelings and emotions in ethics
- Why an adequate set of rules defining medical ethics is impossible — even in theory
- How to integrate your compassionate instinct with your training and background to make ethical choices — even when ethical guidelines are woefully inadequate.

#### **Seminar Formats**

##### **One-hour Keynote/Lecture**

Provides a solid overview of mind/body medicine with some time allotted to a question-and-answer session. Continuing education credit: one contact hour.

Fee: ..... \$500

##### **Three-hour Seminar**

Provides for interaction between the audience and the instructor and time to discuss actual or hypothetical scenarios. Continuing education credit: three contact hours.

Fee: ..... \$1,500

##### **Six-hour (One-day) Seminar**

Best for audiences that want more hands-on knowledge and can devote a full day to it. The first session is lecture-discussion, with extensive audience interaction throughout. The second is devoted primarily to demonstrating therapeutic techniques. Continuing education credit: six contact hours.

Fee: ..... \$3,000

##### **Course Materials**

A complete outline of the lecture materials will be provided. Other resources, such as books, workbooks, CDs and tapes can be made available for purchase.

### **Contact Information**

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